

Platz gesamt	Platz Herren	Platz Damen	Zeit	Startnummer	Name	Vorname	Geschlecht	Verein
1	1	---	0:28:19:142	299	Hoenen	Christian	m	
2	2	---	0:28:33:032	10	Börke	Friedel	m	
3	3	---	0:28:35:328	220	Giesen	Jörg	m	Bunert Running Team
4	4	---	0:29:02:233	193	Bizon	Marcel	m	1. Judoclub Mönchengladbach
5	5	---	0:29:06:171	203	Bogaert	Patrick	m	WALO (Wase Lopers)
6	6	---	0:29:07:374	189	Arman		m	1. Judoclub Mönchengladbach
7	7	---	0:29:37:121	242	Meys	Jean-Paul	m	WALO (Wase Lopers)
8	8	---	0:29:45:543	216	Dhollander	Rik	m	WALO (Wase Lopers)
9	---	1	0:29:52:543	278	Wuytack	Sara	w	WALO (Wase Lopers)
10	9	---	0:30:09:824	286	Pickartz	Nils	m	
11	10	---	0:30:43:837	272	Verhufen	Janek	m	GHSV Issum
12	11	---	0:30:44:932	240	Margraf	Günter	m	SSC Hanau-Rodenbach
13	12	---	0:30:54:009	297	Schrörs	Thomas	m	Team World Vision
14	13	---	0:31:11:070	234	Kozianka	Thomas	m	SC Bayer 05 Uerdingen
15	14	---	0:31:15:993	271	Verbraeken	Jempi	m	WALO (Wase Lopers)
16	15	---	0:31:22:335	41	Honnefelder	Wojtek	m	-
17	16	---	0:31:54:708	197	Schulte	Mats	m	SV Bayer 08 Uerdingen
18	17	---	0:31:58:536	187	Vahid		m	1. Judoclub Mönchengladbach
19	---	2	0:31:59:958	211	Brynaert	Lies	w	WALO (Wase Lopers)
20	---	3	0:32:01:927	290	Windhausen	Nina	w	OSC-Waldniel / Canicross Outdoor Sports
21	18	---	0:32:05:208	235	Landfried	Philipp	m	Pilstrinker.de
22	---	4	0:32:06:082	257	Seerden	Sarah	w	DJK Kempener LC
23	19	---	0:32:25:221	269	Van Havere	Bo	m	WALO (Wase Lopers)
24	20	---	0:32:58:362	201	Bartmann	Markus	m	Krefelder Kanu Klub
25	21	---	0:33:00:548	250	Rottier	Yannik	m	WALO (Wase Lopers)
26	---	5	0:33:01:860	195	Schulte	Claudia	w	SV Bayer 08 Uerdingen
27	22	---	0:33:03:064	196	Schneider	Peter	m	SV Bayer 08 Uerdingen
28	23	---	0:33:06:782	292	Kethers	Dennis	m	
29	24	---	0:33:13:125	208	Bosman	Mark	m	WALO (Wase Lopers)
30	25	---	0:33:21:657	268	Van Gysel	Patrick	m	WALO (Wase Lopers)

31	26	---	0:33:22:203	267 Van Bogaert	Yves	m	WALO (Wase Lopers)
32	27	---	0:33:23:625	284 Ferlings	Julian	m	
33	28	---	0:33:27:781	230 Kallies	Michael	m	VT Triangel Kempen
34	29	---	0:33:29:969	222 Hammes	Tim	m	SC Bayer 05 Uerdingen
35	---	6	0:33:31:173	253 Schumacher	Corinna	w	
36	30	---	0:33:37:514	225 Hellwig	Jörg	m	
37	31	---	0:33:42:326	247 Nys	Roger	m	WALO (Wase Lopers)
38	---	7	0:33:43:969	206 Börke	Wibke	w	Homberger TV
39	32	---	0:33:45:826	70 Raubinger	Till	m	
40	33	---	0:33:58:296	199 Neumann	Thomas	m	
41	34	---	0:34:01:685	232 Keesen	Florian	m	FREEFALL Kulturförderung e.V.
42	35	---	0:34:14:153	192 Bizon	Martin	m	1. Judoclub Mönchengladbach
43	36	---	0:34:22:029	221 Giesen	Mathis	m	Bunert Running Team
44	37	---	0:35:12:885	285 Spolders	Tillmann	m	
45	38	---	0:35:14:417	217 Essers	Marcus	m	
46	39	---	0:35:33:118	191 Schultze	Gerben	m	
47	---	8	0:36:06:803	200 Bärtel	Sonja	w	-
48	---	9	0:36:07:898	246 Neumann	Alexandra	w	
49	40	---	0:36:13:584	291 Finkhaus	Heiner	m	
50	---	10	0:36:43:223	298 Thomas	Bianca	w	
51	---	11	0:36:53:831	205 Börke	Gaby	w	Homberger TV
52	41	---	0:37:17:895	190 Butt	Alan	m	CHTC
53	42	---	0:38:27:233	239 Lüttges	Tim	m	
54	43	---	0:38:28:327	188 Handschmand	Reza	m	1. Judoclub Mönchengladbach
55	44	---	0:38:28:875	219 Foehles	René	m	Lone Ranger
56	---	12	0:38:35:763	263 Tepasse	Charlotte	w	SC Bayer 05 Uerdingen
57	---	13	0:38:38:499	241 Marner-Tepasse	Simone	w	SC Bayer 05 Uerdingen
58	---	14	0:38:43:201	249 Redeker	Ute	w	SC Bayer 05 Uerdingen
59	45	---	0:38:46:263	276 Weiss	Alfred	m	
60	46	---	0:39:20:495	283 Boras	Sebastian	m	
61	47	---	0:39:20:823	275 Wagner	Christian	m	
62	---	15	0:39:22:793	266 Van Beek	Rita	w	WALO (Wase Lopers)
63	---	16	0:39:25:417	228 Isberner	Gabi	w	

64	---	17	0:39:42:369	280 Zimprichova	Dr. Dita	w	
65	---	18	0:39:51:338	198 Oelschläger	Svenja	w	
66	---	19	0:39:52:540	248 Redeker	Eva	w	SC Bayer 05 Uerdingen
67	---	20	0:40:13:850	215 Dehandschutter	Kristien	w	WALO (Wase Lopers)
68	---	21	0:40:49:176	223 Hebald	Franzisca	w	
69	---	22	0:41:02:738	288 Lohse	Kerstin	w	LG Hü Loi
70	---	23	0:41:03:394	287 Quack	Anne-Dore	w	LG Hü Loi
71	---	24	0:41:44:626	194 Kirchrath	Sarah	w	1. Judoclub Mönchengladbach
72	---	25	0:41:45:064	202 Becker	Sonja	w	GHSV Issum
73	---	26	0:42:23:780	270 Van Mele	Helena	w	WALO (Wase Lopers)
74	---	27	0:42:30:452	274 Verhufen	Jessica	w	GHSV Issum
75	---	28	0:42:30:999	224 Heinsch	Marla	w	GHSV Issum
76	---	29	0:42:43:139	273 Verhufen	Martina	w	GHSV Issum
77	48	---	0:43:26:121	255 Schumeckers	Franz-Josef	m	
78	49	---	0:43:26:667	254 Schumeckers	Gerrit	m	
79	50	---	0:43:27:214	295 Deben	Sascha	m	
80	---	30	0:43:30:714	296 Jede	Birgit	w	
81	---	31	0:43:31:261	213 Chlebowksi	Meike	w	Laufen gegen Leiden
82	---	32	0:43:51:057	258 Senzek	Nora	w	GHSV Issum
83	---	33	0:44:08:993	279 Zielke	Janine	w	
84	51	---	0:44:11:727	209 Bovenschen	Dietger	m	
85	---	34	0:44:29:336	204 Bogatzki	Mona	w	
86	52	---	0:45:22:927	265 Tognotti	Remo	m	-
87	---	35	0:47:16:014	233 Kligen	Verena	w	
88	---	36	0:47:16:561	262 Stomps	Sophie	w	
89	---	37	0:51:18:704	281 Rudolph	Ronja	w	
90	53	---	0:51:19:360	282 Schaffrath	Timo	m	
91	---	38	0:51:25:157	252 Scherbath	Ulrike	w	HEILSA Sporttherapie / 1. Judo Club Mönchengladbach
92	---	39	0:51:28:766	231 Karlsson	Edda	w	HEILSA Sporttherapie / 1. Judo Club Mönchengladbach
93	---	40	0:56:50:092	251 Rottier	Francine	w	WALO (Wase Lopers)
94	54	---	0:57:54:729	294 Bouzizgarne	Benjamin	m	1. JC Mönchengladbach
95	---	41	0:58:30:164	293 Builgarne	Samira	w	1. JC Mönchengladbach
96	---	42	0:58:58:929	229 Jasniok	Anna	w	

97	55	---	1:03:42:851	289 Krudewic	Hartmut	m	Laufen gegen Leiden
98	56	---	1:03:54:662	214 Degrande	Michel	m	WALO (Wase Lopers)
99	---	43	1:17:45:557	227 Hoffmann	Andrea	w	
100	---	44	1:17:46:323	277 Wilhelms	Annette	w	
101	---	45	1:18:06:448	207 Bornscheuer	Marion	w	-