

16 km

Platz	M	W	Zeit	NR	Zieleinlauf	Name	Vorname	Geschlecht	Verein
1	1		0:58:42:593	N259	12:51:52:593	Lohse	Christoph	m	Bunert Running Team
2	2		1:01:04:446	105	12:54:14:446	Anderson	Scott	m	SC Bayer 05 Uerdingen Triathlon
3	3		1:01:13:524	N226	12:54:23:524	Kreisel	Götz	m	Krefelder Kanu Klub
4	4		1:01:18:664	193	12:54:28:664	Severin	Tobias	m	Moerser TV Triathlon
5	5		1:01:55:522	119	12:55:05:522	Epping	Matthias	m	SC Bayer 05 Uerdingen
6	6		1:03:09:128	133	12:56:19:128	Gödiker	Magnus	m	Bunnert Running Team Krefeld
7	7		1:06:09:480	202	12:59:19:480	van Dongen	Heinz	m	TSV Weeze
8		1	1:06:27:088	N260	12:59:37:088	Nobili	Martina	w	Bunert Running Team
9		2	1:07:11:055	N236	13:00:21:055	Westermann	Rike	w	Asics Frontrunner
10	8		1:07:22:430	176	13:00:32:430	Reinecke	Dominik	m	Moerser TV Triathlon
11	9		1:07:56:116	156	13:01:06:116	Künsler	Stefan	m	Krefelder Kanu Klub
12	10		1:08:44:567	273	13:01:54:567	Brick	Dennis	m	Lacky Alberdingk
13	11		1:09:56:751	N179	13:03:06:751	Röpstorf	Uwe	m	SC Bayer 05 Uerdingen
14	12		1:10:14:688	140	13:03:24:688	Hamacher	Markus	m	Team AZ West
15	13		1:11:36:278	256	13:04:46:278	Meyer	Bernd	m	Bernds Racing Team Masters
16	14		1:12:43:541	N5	13:05:53:541	Reiners	Philipp	m	
17	15		1:13:02:571	192	13:06:12:571	Schwerkolt	Torsten	m	Triathlon Mülheim
18	16		1:13:07:384	N244	13:06:17:384	Trenn		m	SC Bayer 05 uerdingen
19	17		1:13:12:743	257	13:06:22:743	Witeczek	Marcel	m	Bernds Racing Team Masters
20	18		1:13:18:758	171	13:06:28:758	Pesch	Guido	m	Krefelder Kanu Klub
21	19		1:13:27:836	N80	13:06:37:836	Quack	Gerd	m	Preussen Krefeld
22	20		1:13:36:039	286	13:06:46:039	Wiedeking von Essen	Jörg	m	Team fähig
23	21		1:13:36:476	285	13:06:46:476	Jonkmanns	Guido	m	Team fähig
24	22		1:13:37:023	284	13:06:47:023	Foreman	Stefan	m	Team fähig
25	23		1:13:38:663	172	13:06:48:663	Peters	Klaus	m	
26	24		1:15:59:860	N261	13:09:09:860	Thomassen	Peter	m	
27	25		1:16:00:298	N184	13:09:10:298	Wiemann	Jens	m	Moerser TV Triathlon
28		3	1:16:54:327	N62	13:10:04:327	Schoofs	Erika	w	TSV Weeze
29	26		1:17:00:233	279	13:10:10:233	te Deuits	Norbert	m	Niersexpress
30	27		1:17:31:075	114	13:10:41:075	Cahill	Mark	m	Bunert Krefeld

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31	28		1:17:35:560	262	13:10:45:560	Geiling	Michael	m	Die drei Frischlinge
32	29		1:17:36:216	261	13:10:46:216	Bong	Andre	m	Die drei Frischlinge
33	30		1:17:36:653	263	13:10:46:653	Schmitz	Willi	m	Die drei Frischlinge
34		4	1:18:14:824	N264	13:11:24:824	Brokamp	Daniela	w	
35	31		1:18:44:681	165	13:11:54:681	Migas	Florian	m	
36	32		1:19:10:716	254	13:12:20:716	Kästner	Eckhard	m	Bernds Racing Team Masters
37	33		1:19:30:289	178	13:12:40:289	Roßkothen	Patrick	m	Laufbursche-Blog
38	34		1:19:33:461	278	13:12:43:461	Kühnen	Johannes Wilhelm	m	Niersexpress
39	35		1:19:44:179	N243	13:12:54:179	Weiss	Fabian	m	
40	36		1:20:06:272	162	13:13:16:272	Lohse	Lukas	m	LG Hüwie
41	37		1:20:15:787	264	13:13:25:787	Brillen	Christian	m	DreamTeam
42	38		1:20:16:224	265	13:13:26:224	Janssen	Karl-Heinz	m	DreamTeam
43		5	1:20:16:662	266	13:13:26:662	Persigehl-Hauses	Katrin	w	DreamTeam
44	39		1:20:17:865	170	13:13:27:865	Peraglie		m	Lacky Alberdingk
45		6	1:20:20:927	173	13:13:30:927	Peters	Sandra	w	TSV Meerbusch
46		7	1:20:24:427	144	13:13:34:427	Hermann	Anita	w	GSV Geldern 09/34
47	40		1:20:25:083	209	13:13:35:083	Yildiz	Nedim	m	SC Bayer 05
48	41		1:20:25:630	N37	13:13:35:630	Milcke	Joachim	m	
49	42		1:20:37:114	208	13:13:47:114	Witeczek	Thomas	m	
50	43		1:20:42:713	N177	13:13:52:713	Müller	Heiko	m	VT Kempen
51	44		1:20:51:004	126	13:14:01:004	Friedrich	Frank	m	Roadrunners Moers/Wülfrath
52	45		1:20:52:098	N170	13:14:02:098	Paulussen	Oliver	m	Team AZ West
53	46		1:21:00:629	201	13:14:10:629	Traut	Roland	m	
54		8	1:21:01:394	107	13:14:11:394	Blondin	Juliane	w	SC Bayer 05
55	47		1:21:02:051	N167	13:14:12:051	Schneider	Paul	m	SC Homeruns
56	48		1:21:13:644	N245	13:14:23:644	Esposito	Gianluc	m	
57	49		1:21:30:377	197	13:14:40:377	Stoppelkamp	Paul	m	SC Bayer 05 Uerdingen
58	50		1:21:32:127	117	13:14:42:127	Daemen	Oliver	m	SC Bayer 05
59		9	1:21:37:049	134	13:14:47:049	Goris	Rhoda	w	Krefelder Kanu Klub
60	51		1:21:40:440	198	13:14:50:440	Süselbeck	Andre	m	SV Orsoy Tischtennis
61	52		1:22:10:626	N210	13:15:20:626	Kortchemp	Jörg	m	SC Bayer 05
62	53		1:22:16:313	138	13:15:26:313	Haage	Julian	m	HSV
63	54		1:22:21:344	N256	13:15:31:344	Jakubowski	Uwe	m	TV Schiefbahn Tri-Team
64	55		1:22:28:344	191	13:15:38:344	Schwan	Reimund	m	Moers
65	56		1:22:56:889	N165	13:16:06:889	Reinecke	Dirk	m	Moerser TV Triathlon

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66	57		1:23:00:936	N171	13:16:10:936	Kengels	Torsten	m	
67	58		1:23:07:608	160	13:16:17:608	Lemken	Frank	m	SC Bayer 05 Uerdingen
68	59		1:23:41:731	161	13:16:51:731	Lenssen	Michael	m	Vereinigte Turnergemeinschaft Kempen
69	60		1:23:48:731	163	13:16:58:731	Meiners	Josef	m	Eichental Runners
70	61		1:23:56:387	N182	13:17:06:387	Mutert	Lothar	m	TUS Oedt
71	62		1:24:20:011	N176	13:17:30:011	Poschinski	Fred	m	SG-Neukirchen Hülchrath
72	63		1:24:34:995	255	13:17:44:995	Malzahn	Richard	m	Bernds Racing Team Masters
73	64		1:24:51:291	276	13:18:01:291	Baumann	Michael	m	LT Uerdingen
74	65		1:24:51:837	277	13:18:01:837	Inger	Waldemar	m	LT Uerdingen
75	66		1:24:52:384	200	13:18:02:384	Trapp	Michael	m	LT Uerdingen
76	67		1:25:37:445	N115	13:18:47:445	Bretsch	Axel	m	
77	68		1:25:57:241	123	13:19:07:241	Feth	Stefan	m	Lt Uerdingen
78	69		1:26:02:709	212	13:19:12:709	Reg	Manfred	m	Gymnasium am Stadtpark Krefeld
79	70		1:26:31:698	N175	13:19:41:698	Esser	Christian	m	
80	71		1:26:32:458	120	13:19:42:458	Esser	Stefan	m	After Work Runner
81	72		1:26:33:661	116	13:19:43:661	Cornelißen	Volker	m	Hardtseemafia Triathlon
82	73		1:26:50:395	130	13:20:00:395	Glatki	Jochen	m	
83		10	1:27:09:097	127	13:20:19:097	Gaulke	Merle	w	
84	74		1:27:11:941	106	13:20:21:941	Beckmann	Ludger	m	AS Neukirchen-Vluyn
85	75		1:27:30:424	N161	13:20:40:424	Möller	Helmut	m	
86	76		1:27:43:330	N172	13:20:53:330	Pickartz	Nils	m	
87	77		1:27:56:126	141	13:21:06:126	Häußler	Andreas	m	Siemens
88	78		1:28:21:172	N166	13:21:31:172	Djahnrad	Karloo	m	
89		11	1:29:07:545	N183	13:22:17:545	Ohlert	Bärbel	w	Eisschnelllaufclub Grefrath
90	79		1:29:35:325	N104	13:22:45:325	Kyriakopoulos	Nick	m	Hülserbruch L.T.
91	80		1:29:40:903	N61	13:22:50:903	Janssen	Leon	m	Team Brillenhaus Bunse
92	81		1:30:13:605	267	13:23:23:605	Kirschbaum	Arne	m	Fun Skater Krefeld
93	82		1:30:14:152	269	13:23:24:152	Kokon	Jens	m	Fun Skater Krefeld
94	83		1:30:14:699	268	13:23:24:699	Klindt	Carsten	m	Fun Skater Krefeld
95	84		1:30:18:636	124	13:23:28:636	Flühr	Robert	m	
96	85		1:30:31:323	131	13:23:41:323	Glöckner	Oliver	m	HSV
97		12	1:30:40:510	113	13:23:50:510	Buttenbruch	Ellen	w	TriTeam TV Schiefbahn
98	86		1:31:02:821	206	13:24:12:821	Werners	Ingo	m	
99	87		1:31:08:290	N180	13:24:18:290	Girschewski-Eyckeler	Norbert	m	Grün Weiß Rot Düsseldorf
100		13	1:31:18:024	153	13:24:28:024	Koppers	Tanja	w	

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101	88		1:31:24:367	207	13:24:34:367	Wienhold	Jürgen	m	Nikko Runners
102		14	1:31:46:023	118	13:24:56:023	Ellerich	Ursula	w	
103		15	1:31:49:085	194	13:24:59:085	Sieben	Sabine	w	
104	89		1:31:58:272	115	13:25:08:272	Caspers	Dieter	m	
105	90		1:32:07:241	122	13:25:17:241	Ferlings	Michael	m	Eierpartei
106	91		1:32:08:115	121	13:25:18:115	Ferlings	Leif	m	
107	92		1:32:09:100	N218	13:25:19:100	Seithummer		m	
108	93		1:32:09:975	158	13:25:19:975	Lefkes	Rudi	m	Team Brillenhaus Bunse
109		16	1:32:18:506	N174	13:25:28:506	Gaens	Brigitte	w	SG-Neukirchen Hülchrath
110	94		1:32:56:685	110	13:26:06:685	Brockerohoff	Uwe	m	Buchholzerjung
111	95		1:32:57:551	182	13:26:07:551	Schlicker	Götz	m	Rakete Hüls
112	96		1:32:57:988	186	13:26:07:988	Schoer	Bernd	m	Willicher Turnverein
113	97		1:33:38:237	N178	13:26:48:237	Landfried	Philipp	m	Pilstrinker.de
114	98		1:34:08:423	103	13:27:18:423	Albrecht	Andreas	m	
115	99		1:34:18:485	275	13:27:28:485	Moellenbeck	Guido	m	Lacky Alberdingk
116		17	1:34:19:688	142	13:27:29:688	Hebald	Franzisca	w	
117	100		1:35:06:717	154	13:28:16:717	Krenn	Toni	m	
118		18	1:35:10:873	N169	13:28:20:873	Losereit	Sandra	w	
119	101		1:35:11:748	N168	13:28:21:748	Wunden		m	SV Neptun
120		19	1:35:27:607	184	13:28:37:607	Schmidt	Verena	w	
121	102		1:35:28:373	188	13:28:38:373	Schouren	Raimund	m	
122		20	1:36:35:416	143	13:29:45:416	Heise	Sara	w	
123		21	1:36:36:401	204	13:29:46:401	Walter	Rebekka	w	
124	103		1:37:24:743	287	13:30:34:743	Hofman	Jens	m	Team Gänsehaut
125	104		1:37:25:180	288	13:30:35:180	Nötzel	Lars	m	Team Gänsehaut
126	105		1:38:45:567	159	13:31:55:567	Leger	Udo	m	
127	106		1:38:47:864	N185	13:31:57:864	Strauch	mark	m	
128		22	1:38:56:614	292	13:32:06:614	von Werne	Friedericke	w	Teamwork
129		23	1:38:58:801	291	13:32:08:801	Marsiglia	Katja	w	Teamwork
130	107		1:38:59:457	290	13:32:09:457	Humpert	Kai	m	Teamwork
131	108		1:39:06:566	147	13:32:16:566	Hübel	Marcel	m	B-Schicht
132	109		1:39:14:003	177	13:32:24:003	Rink	Hansjörg	m	SC Bayer 05
133	110		1:39:14:769	148	13:32:24:769	Ixfeld	Stefan	m	
134		24	1:39:37:518	167	13:32:47:518	Neumeyer	Daniela	w	
135		25	1:40:08:032	149	13:33:18:032	Kelka	Monika	w	TSV Meerbusch

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136		26	1:40:13:610	N237	13:33:23:610	Reuling	Katja	w	LC Duisburg
137	111		1:40:23:235	282	13:33:33:235	Marquardt	Sven	m	Schönwetter Läufer
138	112		1:40:23:672	283	13:33:33:672	Ziemke	Holger	m	Schönwetter Läufer
139	113		1:40:24:110	281	13:33:34:110	Beckers	ST	m	Schönwetter Läufer
140	114		1:40:45:437	196	13:33:55:437	Stoll	Wenzel	m	B-Schicht
141	115		1:40:51:234	145	13:34:01:234	Hilgers	Erich	m	Laufftreff Hülser Bruch
142	116		1:41:31:154	189	13:34:41:154	Schreurs	Theo	m	
143		27	1:41:41:763	211	13:34:51:763	Zotova	Liliya	w	Erdinger Alkoholfrei
144		28	1:41:42:200	169	13:34:52:200	Paliy	Tamara	w	
145	117		1:41:50:622	N173	13:35:00:622	Klages	Volker	m	LT Uerdingen Marathon Runners
146	118		1:42:18:074	251	13:35:28:074	Blenkers	Christian	m	Attis Erben
147	119		1:42:18:620	252	13:35:28:620	Lessenich	Michael	m	Attis Erben
148	120		1:42:19:167	253	13:35:29:167	Loschelders	Bernd	m	Attis Erben
149	121		1:42:28:464	137	13:35:38:464	Gustrof	Dieter	m	TSV Meerbusch
150		29	1:42:35:792	190	13:35:45:792	Schumacher	Judith	w	
151	122		1:42:36:776	195	13:35:46:776	Steiof	Leander	m	
152		30	1:43:06:654	260	13:36:16:654	Schwanenkamp	Silvia	w	canicross outdoorsports
153		31	1:43:07:509	259	13:36:17:509	Pfab	S.	w	canicross outdoorsports
154	123		1:43:20:196	135	13:36:30:196	Götzen	Jörg	m	running4charity .eV.
155	124		1:43:57:491	175	13:37:07:491	Rauxloh	Jens	m	SV Hösel
156	125		1:47:30:982	203	13:40:40:982	van Tuyl	Rob	m	
157	126		1:48:47:760	274	13:41:57:760	Kherrmane	Younes	m	Lacky Alberdingk
158		32	1:49:28:992	111	13:42:38:992	Brüggestrath	Anika	w	
159		33	1:50:26:193	271	13:43:36:193	Wick	Saskia	w	Hinsbecker Bergläufer
160	127		1:50:26:635	180	13:43:36:635	Saborowski	Rainer	m	BSG
161	128		1:50:27:068	270	13:43:37:068	Salewski	Hans Juergen	m	Hinsbecker Bergläufer
162	129		1:52:23:766	128	13:45:33:766	Gaus	Jürgen	m	
163		34	1:52:37:547	168	13:45:47:547	Onushkina	Ekaterina	w	
164	130		1:52:52:093	179	13:46:02:093	Saborowski	Roman	m	Willicher Turnverein
165		35	1:56:57:410	N238	13:50:07:410	Liesemanns	Alice	w	
166	131		1:56:58:176	N186	13:50:08:176	Rips	Andre	m	
167	132		2:26:25:834	132	14:19:35:834	Gödicke	Boris	m	